



VIRTUAL UPDATES FOR HEALTHCARE ASSISTANTS

Please see below dates for training.

Click on the session you wish to book to register and a link will be sent to you

Wed 7th October Wound Management 12.30 - 14.00 Louise Storey

*Anatomy of Skin
 Function of the skin
 Definitions of a wound - type of wound
 Risk factors of developing a wound
 Appropriate use of dressings
 Documentation and legal aspects*

Wed 14 October Respiratory: COPD 12.30 – 14.00 Anne Rodman

*A brief overview of how COPD affects people
 The components of an effective COPD review including recording MRC and CAT scores, checking inhaler technique and adherence, promoting lifestyle changes such as smoking cessation and increasing activity levels.
 The role of lung function testing: micro spirometry and pulse oximetry
 When and what to refer to senior colleagues*

Wed 21st October Venepuncture 12.30 – 14.00 Harry Mandhar

Aim:

The practitioner will be able to perform phlebotomy correctly and safely. Following the session, each practitioner will practice the skill under supervision until competency has been achieved.

Objectives:

*Discuss why we need to perform phlebotomy
 Discuss the professional issues related to the enhancement of your practice
 Discuss the anatomy and physiology associated with the venous system*

*Demand narrate knowledge of practical methods of venepuncture
List the hazards or complications that may arise from venepuncture
Discuss how to manage inoculation injuries*

Thurs 5 November **Recording ECGs** **12.30 – 14.00** **Phil Jevon**

Wed 11 November **Hypertension** **12.30 – 14.00** **Beverley Bostock**

High blood pressure is linked to a range of conditions including cardiovascular disease, renal complications and dementia. This webinar reminds delegates of the importance of accurate measurement, including home blood pressure monitoring, and explains the importance of cardiovascular risk assessment in determining what happens next. The importance of lifestyle interventions to underpin drug treatments is also addressed.

Wed 18 November **Cardiovascular Disease & Lifestyle** **12.30 – 14.00** **Beverley Bostock**

Cardiovascular disease is an umbrella term which covers heart disease, stroke, peripheral arterial disease, kidney disease and more. Most of these conditions can be avoided through careful attention to healthy eating, maintaining physical activity levels, smoking cessation and staying within safe alcohol limits. This webinar covers some of the latest research on these areas and discusses how you can support people with lifestyle changes during the pandemic.

Wed 25 November **Respiratory: Asthma** **12.30 – 14.00** **Viv Marsh**

Wed 2 December **Chronic Kidney Disease & Urine Testing** **12.30 – 14.30** **Beverley Bostock**

Chronic kidney disease is the cause of significant morbidity and mortality. It is also closely linked to cardiovascular disease and diabetes. People with chronic kidney disease are diagnosed and monitored through a range of blood and urine tests and this webinar explains which tests should be done when and why and what advice we can give to people with chronic kidney disease.

This training has been organized by Black County & West Birmingham NHS CCG Training Hubs

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